

[engage] Psychology

1 on 1

Children Adolescents Adults

Practical strategies
helping people to
engage with life.

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Mental Health Care Plans

GP MHCP

GP prepares
Mental Health
Care Plan

INITIAL REFERRAL

- Initial GP MHCP and referral for 6 psychology sessions.
- Maximum of 10 Medicare rebated visits per calendar year.
- A GP review is required before the 7th Psychologist visit.

4 weeks:

Formal GP Review (2712) > 4 weeks after care plan (2700/01/15/17)
* Informal GP Review and note to Psychologist can be done at any time

GP Review

GP letter to
Psych for more
visits.

GP 1st REVIEW - FOLLOW UP REFERRAL

- Formal GP Review can be done 4 weeks after the Care Plan.
- Informal GP review and letter to Psych can be done any time.
- GP can refer as many further sessions as you need.
- Medicare will only rebate up to 10 visits per calendar year.
- Any unused follow up visits can be rebated in the new year.

3 mths:

Next formal GP Review (2712) > 3 months after previous Review (2712)
* Informal GP Review and note to Psychologist can be done at any time

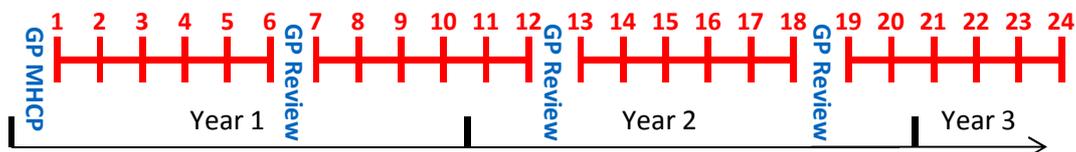
GP 2nd Review

GP letter to
Psych for more
visits.

GP 2nd REVIEW – FOLLOW UP REFERRAL

- 2nd Formal GP Review can be done 3 months after 1st Review.
- Informal GP review and letter to Psych can be done any time.
- Any unused follow up visits can be rebated in the new year.

Medicare MHCP Rebates - 10 per calendar year



Further Information:

- A Mental Health Care Plan does not expire. You don't need a new one each year.
- An informal GP review can be done at any time. A formal review is not compulsory.
- The Psychologist must have a note from the GP to continue further sessions.

For a more detailed explanation:

www.engage1on1.com.au/mental-health.html